

# COVID-19 Guidance

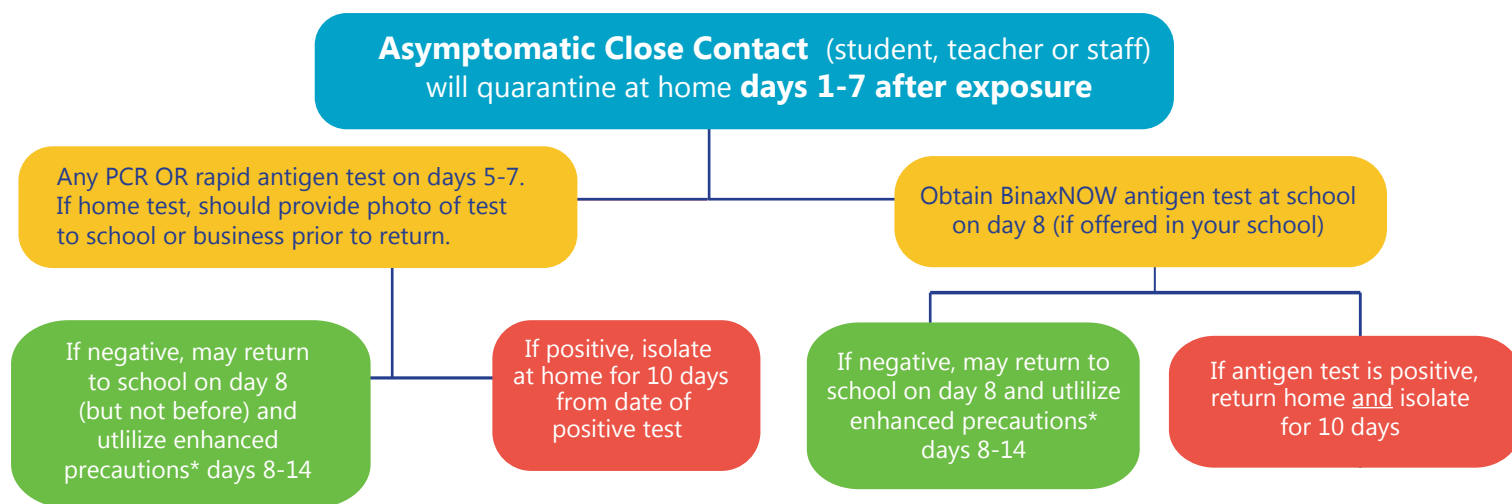


## Return from Quarantine Options for Asymptomatic Unvaccinated Individuals in the K-12 Environment In schools without mask requirement

The Centers for Disease Control and Prevention (CDC) and the Indiana Department of Health (IDOH) continue to recommend quarantine for a full 14 days and recognize that any quarantine shorter than 14 days balances reduced burden against a small possibility of spreading the COVID virus. CDC and IDOH will continue to evaluate and update guidance and recommendations as necessary. Other than a full 14-day quarantine, there are two other options available for schools.

**Option 1** - Return on day 11 after 10 days of quarantine-no testing required to return to school.

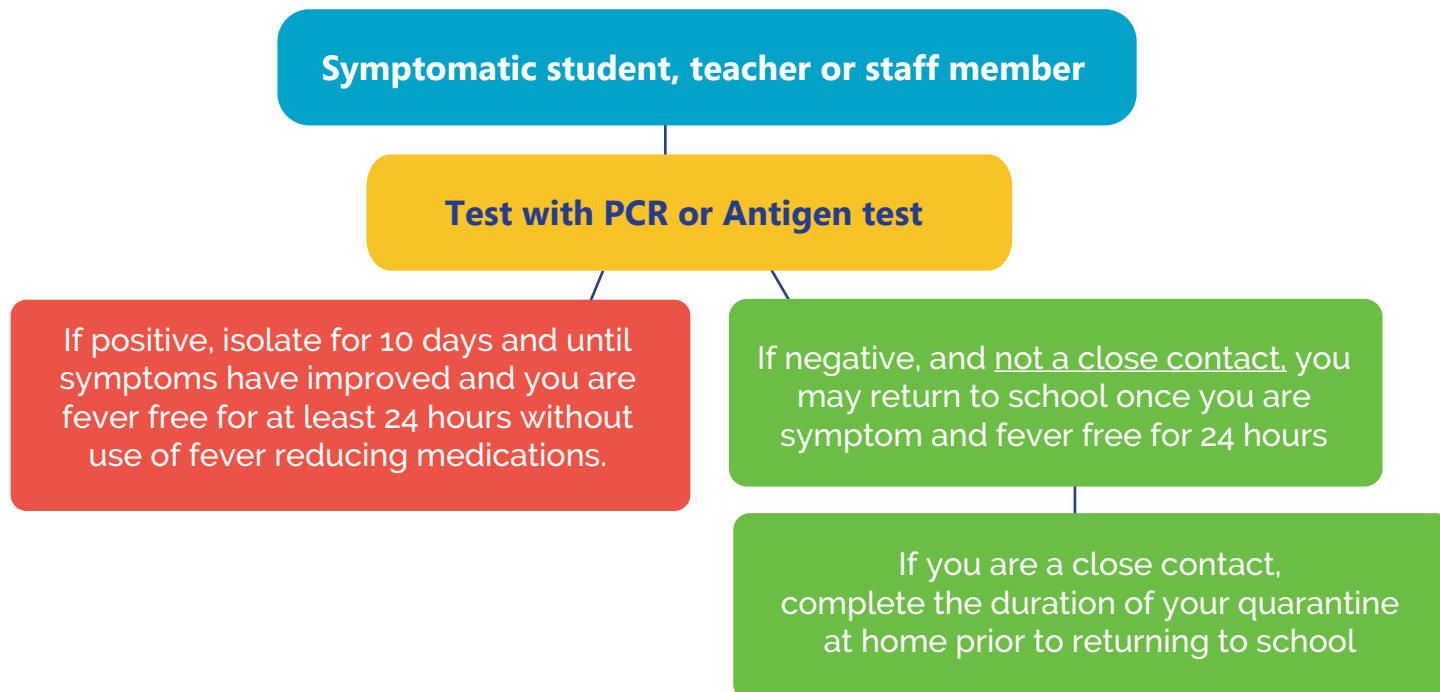
**Option 2** - Return on day 8 after 7 days of quarantine-this option requires testing. **See algorithm.**



### When returning prior to day 15

Individuals must monitor daily for symptoms and isolate and obtain a COVID test should symptoms develop through day 14  
Individuals must follow enhanced precautions through day 14

### Symptomatic Algorithm



# COVID-19 Guidance

## Return from Quarantine Options for Asymptomatic Unvaccinated Individuals in the K-12 Environment In schools without mask requirement



**The changes in definition apply only to students in grades K-12 for the academic school day while in the classroom.**

- IF at least 3 feet of separation is provided between students during the school day, when students are in the classroom AND when masks are always worn, contact tracing will not need to be completed if there is a positive case identified in the classroom with a minimum of 3 feet of space between classmates.
- The decrease to 3 ft for close contact tracing only works IF masks are consistently worn and other mitigation strategies are in place.
- Without consistent mask use and distancing to at least 3 feet in the classroom during the educational portion of the school day, you must contact trace to 6 feet.
- This exception does not apply to teachers and other adults in the classroom.

**These changes DO NOT apply in high-risk classes such as band, orchestra, choir and show choir. Other high-risk classes may also need to be placed in this category. Changes do not apply for athletics, including cheerleading or other extra-curricular activities.**

- Continue to mask at all times and distance AT LEAST 6 feet
- Close contacts are defined as anyone within 6 feet during athletics or other extra-curricular activities.
- Must be masked at all times during extra-curriculars, even while playing. If not safe to mask, don't participate until after completing the full 14-day quarantine.

### ***\*Enhanced Precautions when returning prior to full 14-day quarantine***

- Masked at all times on bus and during school day, no exceptions.
- Maintain distance of at least 3 feet from others at all times during the educational school day. The only time lesser distance of close contact is 3 feet is during the educational portion of the day when everyone is in the classroom and wearing a mask.
- Lunch to be eaten separately from others as mask will be off when eating. Remain 6 feet from others, no exceptions.
- Hand hygiene should be a priority.
- Symptom monitoring daily by parents, as needed by school staff, during the school day.
- **If ANY signs or symptoms are identified while at home, student/teacher/staff should NOT come to school and should seek a COVID test.**
- **If symptoms develop during the school day, individual should be sent home as soon as possible to get a COVID test.**
- **If COVID test is positive, begin 10 days of isolation starting from the date symptoms began.**
- **If COVID test is negative, because individual is a close contact, must complete remainder (days 8-14) of 14-day quarantine and remain at home until symptoms improved and 24-hours fever free without the use of fever-reducing medication.**